

NEED TO KNOW



Storm Closing: Please be advised that announcements are made on WFSB Channel 3 (position 3 on Cox Cable) and WTIC 1040 AM if the Calendar House is closed. When closed, the nutrition program, all classes & activities are cancelled. Buses will not be on the road.

ATTENTION!!! PLEASE NOTE!!

If anyone in your household or someone you know requires oxygen or medical support requiring electricity and would be endangered in the event of a power outage, PLEASE call 860.621.3014 and inform the Calendar House staff so that a confidential up-to-date list can be compiled. This list will only be used in the event of an emergency so that assistance can be offered if necessary. Thank you for your cooperation. PLEASE — do it now before it is needed!

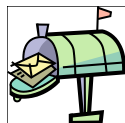
RESERVATION PLEASE..

DIAL-A-RIDE BUS provides transportation at no charge for Southington residents age 55 & over and for people with disabilities. Transportation is available to & from doctor & dental appointments. Mondays, Tuesdays & Thursdays rides are available to various shopping locations. Mon-Fri rides are provided to & from Calendar House for lunch, activities, programs & appointments. **ADVANCE notice is required**—two days (48 hours) is requested when possible. We ask that medical appointments be made between 9am-2:30pm for in town and between 10am-1pm for out of town. Please call **860.621.3014** Monday to Friday between 10 am and 12 noon to be scheduled.



HELP NEEDED!!

For your convenience and to reduce mailing costs, request e-mail delivery of the newsletter at www.calendarhouse.org



Volunteers are Calendar House's most valuable resources!!! Please consider these opportunities, and see Bob for info

- ◆ Front Desk Greeter—welcome folks coming in and direct them to where they need to go. Morning or afternoon, one or more days a week. (approx. 3 hrs)
- ◆ Income Tax Counselor— AARP TCE program. Provides full training. Time frame: January-Training; Feb—April 15th counseling. For more details see Cynthia.
- ◆ Bulletin folders-collate and fold monthly bulletins. One morning per month.
- ◆ **THANK YOU FOR YOUR CONSIDERATION!!**

MEMORIAL DONATIONS

Calendar House has a Memorial Fund for people wishing to make a donation in memory of a friend or relative. Checks may be made payable to the Calendar House Senior Center. Memorial donations will be placed into the Membership Association General Fund.

In memory of: Cliff Kern

THANK YOU to each one who sent a greeting card, offered a kind word of appreciation or brought a holiday treat for the staff. You really didn't have too, but we really do appreciate your thoughtfulness.

—Bob, Sharyn, Cindy, Martha, Vinnie, Paula, Ed, Len and Figi

FOR YOUR INFORMATION..

Energy Assistance 2011-12 PROGRAM

Appointments are now being scheduled for the for those **who have not already applied** since the program's start on 11/15/2011. Please call **860-621-3014**. *Individuals who heat with oil, propane or kerosene should **call their vendors before** applying to make sure that the vendor is still participating.*

INCOME GUIDELINES

\$30,485.00* single individual

\$39,865.00* married couple

* **Subject to change by State of CT**

You must bring **TWO COPIES (both sides!)** of the following income verifications from **2012** Social Security & and income plus other statements no older than one month prior to the date of your application.

IF YOU DON'T PROVIDE ALL PAGES OF DOCUMENTATION, YOUR APPLICATION WILL BE DENIED.

Proof of Income/Assets: The State requires that **ALL PAGES** of each numbered financial statement be submitted (*even if blank!*) These documents need to show **all income**, including year-to-date interest and assets **AND MUST BE** the most recent available prior to your application date. **NOTE: LIQUID ASSETS INCLUDE:** *checking, savings, CD's, stocks/bonds, IRA's, annuities and any other accounts in which the principal amount can be accessed and cashed in at any time. (Some exceptions apply).*

- **Social Security**—a printout available through SS (1-800-772-1213) **or** a copy of a current SS check **or** a copy of your bank statement showing direct deposit
- **Pensions/Annuity**—check stubs **or** copies of check, if check is received without a stub **or** letter from the payer on the letterhead of the payer.
- If you are **still working**, your four most recent
- consecutive weekly pay stubs **or** two consecutive bi-monthly or semi-monthly pay stubs **or** a statement from your employer on their letterhead.
- If you are **self-employed**, a self-employment worksheet for the last six months.
- If you are receiving **Unemployment Benefits**, you must provide documentation from the CT Dept of Labor with start date and amount received weekly.
- **Rent receipts**, especially tenants of Flanders West, Wheeler Village & Southington Housing Authority sites
- **Gas/Electric/Oil**, the last statement you received.
- Please bring either your driver's license or Medicare card as a **form of identification**.
- Individuals who receive Social Security Disability benefits must provide as proof of disability a SSA **"TPOY"** form, **NO OLDER THAN ONE MONTH**.

NOTE OF APPRECIATION

CAN'T SAY IT OFTEN ENOUGH... Folding bulletins, stapling, putting on labels, making a pot of coffee, trimming the Christmas tree, un-trimming the Christmas tree, picking up a leftover cup, clearing tables, selling raffle tickets, buying raffle tickets, teaching a computer class, handling computer class registration, energy assistance, renters rebate, income tax, serving at an event, greeting at the front desk, pitching in wherever, calling Bingo, cutting cake, passing out pizza, scooping ice cream, setting tables, putting away the salt & pepper shakers... little things that make a difference and big things that are noticed.. All of these things and so much more are done by Calendar House volunteers! **THANK YOU!!!**

TO YOUR HEALTH & SAFETY!!!

- ◆ **BLOOD PRESSURE:** with Marc Levesque, MS;
CT Center for Healthy Aging
Referrals & Resources
THURS, Jan 5th, 10:30 AM—12 NOON
- NURSE CLINIC:** cancelled until further notice
- ◆ **BLOOD PRESSURE** with VNA of Central CT
WEDNESDAY, Jan 25th, 11:00 AM– 12 NOON
- ◆ **VNA FOOT CLINIC:** with Sue Zdeblick, RN by
appointment only/nominal charge. **Call: 1 860 982-9914**
- ◆ **VNA WELLNESS & HOME CARE SERVICES:**
Call Donna Brouillette RN, BSN 860.826.4517 for info

BAGEL BREAKFAST "Fire Prevention"

Tuesday, January 19th at 8:45 am

Please join Firefighter/EMT Eric D'Arcy of the Southington Fire Department for an informative session on "Fire Prevention" especially for older adults! Please call 860.621.3014 to reserve your bagel!



BE PREPARED IN CASE OF AN EMERGENCY!

Southington Commission on DisAbilities in conjunction with the Police Commission and Fire Department will present information on the 9-1-1 Special Needs Registry on **Wednesday, January 25th; 4:30-8:00 pm** in our Main Hall. Please register at 860.621.3014!



ENERGY BINGO has been rescheduled to Thursday, January 26th. Presented by Yankee Gas/CL&P. Lots of tips to help lower your bill! Prizes incl: flashlights, surge protectors, night lights, umbrellas. Call to register: 860.621.3014



INCOME TAX ASSISTANCE



Income Tax Assistance for low and moderate income senior citizens is available at Calendar House on Tuesday and Friday mornings from 9:00 am until 11:15 am **by appointment ONLY**. Sorry, but we cannot take walk-ins. Trained AARP

Volunteer Tax Counselors will assist senior citizens in preparing personal Federal and State Income Tax Returns. We cannot accommodate complex or business returns. Please bring a copy of last year's (2010) income tax return; and all the necessary 2010 information and documentation of income (i.e. SSA-1099; W-2; W-4P; 1099-INT; 1099 DIV; etc.) Call 621-3014 to make an appointment.

LEGAL AID

Senior Law Program of Greater Hartford Legal Aid (860) 541-5003 Free legal aid available to seniors 60+ with various legal concerns and issues.

Consumer Law Project for Elders (CLPE)
1-(800)296-1467 Hotline open Mon-Fri, 9am-5pm
FREE legal assistance to CT seniors 60+ with consumer questions or problems.

UPCOMING EVENTS

MEMBERSHIP MEETING

Thursday, January 17th
will feature the Installation of Officers during a brief business meeting.
Enjoy a cup of coffee and a piece of cake.

The video of the 9/11 remembrance event held at SHS will be shown following the Membership Meeting.

This community-wide event was a joint effort by many individuals and organizations. The video is an excellent portrayal of the heart and soul of the Town of Southington.



VALENTINE'S DAY

TUESDAY, FEBRUARY 14th

Please join us for a fun filled celebration! Singles and couples welcome!!

You don't need a significant other to attend! Enjoy a buffet dinner including: Tossed Salad, Chicken Parmesan, Penne a la vodka, Mixed Veggies, Roasted Potatoes, Bread 'n butter plus Dessert. Tom Callinan, CT's first "Official State Troubadour" will present a fun-filled participatory musical program "Is It Love Or Only Tachycardia?" Come join the fun! Tickets (\$12.) on sale Tues, January



My Life Stories- Sharing Our Cultures & Experiences

will be facilitated by Melissa Morosko, our CCSU BSW intern. Meeting on four consecutive Monday afternoons (Feb 27, Mar 5, 12 & 19), participants will have an opportunity to share their individual family customs, traditions and the way of life as they remember. Reflecting on the obstacles and triumphs that families faced and overcame in an era that was different in many ways from our current society. Every one has a story, and every story is valuable and worth sharing! Come be a part of reminiscing and enjoy lighthearted activities, games and conversation. Light refreshments served. Register at 860.621.3014.



TRY IT—YOU'LL LIKE IT!

- Genealogy Club:** Wed, Jan 4th, 1 pm
- Financial Club:** Wed, Jan 11th, 1 pm
- Digital Photo Club:** Wed, Jan 18th, 1 pm
- Computer Club:** Wed, Jan 25th, 1 pm



**CURRENT COMPUTER LEARNING CENTER
CLASSES & LAB SCHEDULES** on website:
www.calendarhouse.org and posted outside lab



55 Alive Safe Driving Courses
January 13th ** February 10th **
8:45 a.m.—1 p.m.

One day only class!

Focuses on latest driving techniques with emphasis on defensive driving. No in-the-car training involved, only classroom.
Cost: \$12 for AARP Members (**must provide membership #**) \$14 for Non AARP Members.
Payable to AARP. Register at 860.621.3014

The Calendar House Exchange

Contributors: Calendar House Members

January Birthstone: Garnet
January Flower: Snowdrop



New Year's Resolution: Laugh more!!!

"A pun is the lowest form of humor, unless you thought of it yourself."

-Doug Larson

"The best things in life are silly."

- Scott Adams, Dilbert

"I've never had so much fun as I'm going to have tomorrow!"

- Dennis the Menace

"The thing with pretending you're in a good mood is that sometimes you can actually trick yourself into feeling better."

- Charles de Lint, Memory & Dream

"Laughter is a medicine with no side effects."

- Unknown

New Year's Day Prayer for One and All

Dear Lord,

So far this year I've done well.

I haven't gossiped, I haven't lost my temper, I haven't been greedy, grumpy, nasty, selfish, or overindulgent. I'm very thankful for that.

But in a few minutes, Lord, I'm going to get out of bed, and from then on I'm probably going to need a lot more help.

Amen

Recipe for a Happy New Year

Take twelve fine, full-grown months; see that these are thoroughly free from old memories of bitterness, rancor and hate, cleanse them completely from every clinging spite; pick off all specs of pettiness and littleness; in short, see that these months are freed from all the past – have them fresh and clean as when they first came from the great storehouse of Time. Cut these months into thirty or thirty-one equal parts. Do not attempt to make up the whole batch at one time (so many persons spoil the entire lot this way) but prepare one day at a time.

Into each day put equal parts of faith, patience, courage, work (some people omit this ingredient and so spoil the flavor of the rest), hope, fidelity, liberality, kindness, rest (leaving this out is like leaving the oil out of the salad dressing – don't do it), prayer, meditation, and one well-selected resolution. Put in about one teaspoonful of good spirits, a dash of fun, a pinch of folly, a sprinkling of play, and a heaping cupful of good humor.

HAPPY NEW YEAR

*Here's to the bright New Year,
and a fond farewell to the old:
here's to the things that are yet to come
and to memories that we hold.*

- Anonymous



Mark Your Calendar!

- January 2nd ~ Center closed
- January 6th ~ Trip Sale: "Luck O' the Irish"
- January 10th ~ Ticket sales begin for Valentine Day Party
- January 16th ~ Center closed
- January 19th ~ Bagel Breakfast: Fire Prevention
- January 19th ~ Membership Meeting, 1 p.m., Installation of Officers; 9/11 Remembrance
- January 23-27th ~ Classes Resume
- January 25th ~ 9-1-1 Emergency Special Needs Registry
- January 26th ~ Energy Bingo
- January 31st ~ Bulletin folding

Please make a note that the Calendar House will be closed on Monday, January 2, 2012 in observance of New Year's Day and also on Monday, January 16, in observance of Martin Luther King, Jr. Day.

- New trips are **USUALLY** sold on the 1st or 2nd Friday of the month on a first come, first served basis.
 - **PAYMENT** is due at time of sale. Make checks payable to: **CALENDAR HOUSE**. If paying in cash, you **MUST** have **EXACT AMOUNT**.
 - **CALENDAR HOUSE I.D. MUST** be presented.
 - Each individual may only purchase two (2) seats.
 - Seating is **NON-TRANSFERABLE**.
 - **CANCELLATION POLICY:** We will attempt to fill your place from a waiting list, if available.
 - **DAY TRIP REFUNDS** are only made if replacement is found prior to trip departure.
- p.p. = Per Person T.B.D. = To Be Determined

HURRY! TIME IS RUNNING OUT TO PURCHASE YOUR TICKET! CALL TODAY!

Wed. February 29, 2012
Depart: 7:30 am
Return: TBD
Cost: \$158 p.p.

Mary Poppins
On Broadway
 N.Y.C.

***\$70 Non-Refundable Deposit Due for Ticket @ Sign-up—Balance due Feb 1, 2012!**



Depart Calendar House to “The Great White Way,” **Broadway!** Enjoy the show “*Mary Poppins*” and lunch at the famous Italian restaurant Carmine’s!

Upon arrival in N.Y.C. your delicious lunch of Rigatoni & Broccoli and Chicken Parmigiana will be served family style complete with all the trimmings. After lunch you’ll head to Broadway’s magnificent New Amsterdam Theatre for the show. Based on P.L. Traver’s cherished stories and the classic 1964 Walt Disney film, *Mary Poppins* features the Sherman brothers’ original Academy Award-winning songs, and Oliver’s Award-winning director Richard Eyre. Amazing props and special effects bring to life the story of the Banks family and their magical nanny Mary Poppins. Her carpet bag is packed, her umbrella unfurled... join Mary Poppins for a spectacular show!

Your day includes:

- *Deluxe Motorcoach Transportation
- * Lunch at Carmine’s * Orchestra Tickets
- * Getaway Tours’ Tour Director
- * Driver’s/Tour Director’s Gratuitie

~Itinerary subject to change and availability~



UPCOMING TRIPS IN 2012

- May 2nd—Vicki Lawrence at Foxwoods Casino
- May 21st-23rd- “Jonah” at Sight & Sound Theatre, PA
- July 2nd- “Harborfest (Tall Ships), Boston, MA
- July TBA— Long Island Wine Country (3 days)
- August 15th— Connecticut River Dixieland River Cruise
- September 19th— The Osmond Brothers at Foxwoods
- Oct/Nov TBA- “The Million Dollar Quarter” on Broadway, NYC
- December 4th— Vienna Boys Choir, Symphony Hall Springfield, MA

- Trips are offered to **MEMBERS ONLY** for the first week of the sale; after one week, nonmembers, (senior citizens) may purchase available seats.
- **DAY and OVERNIGHT PARKING** permitted in rear parking lot; **HOWEVER**, Calendar House is **NOT** responsible for loss due to damage, theft of vehicle or vehicle contents.
- **IMPORTANT:** Should you need to get into the building when trip returns, you **MUST** advise a staff member the day **BEFORE** the trip departs.

ALL RETURN TIMES APPROXIMATE
 ## SEATS AVAILABLE AT TIME OF PRINT

NEW AND EXCITING



Thurs, March 15, 2012
Depart: 10:00 am
Return: 4:00 pm
Cost: \$70 p.p. which includes transportation, lunch, entertainment & gratuities

Luck O’ The Irish

St. Patrick’s Day Celebration at La Renaissance in East Windsor, CT

The day begins with a wonderful sit-down lunch:

Irish Soda Bread
Choice of Corned Beef & Cabbage
OR Chicken Marsala
Potato, Vegetable
Holiday Desserts, Coffee & Tea

After lunch, enjoy an entertaining afternoon with **Seamus Kennedy**, originally from Belfast, Northern Ireland, who has been entertaining audiences all over the United States for the past 32 years.



He has the repertoire and ability to make folks forget their cares for a while, to relax and enjoy themselves as he encourages the crowd to sing along. You don’t have to be Irish to enjoy **Seamus Kennedy!**

TICKET SALES BEGIN ON FRIDAY, JAN. 06.

UPDATE ON PREVIOUSLY SOLD TRIPS

The Ultimate Alaska & Yukon Experience
May 12—23, 2012
 12 Days / 11 Nights Luxury Cruise & Land Tour
 Alaska Yukon Explorer & Glacier Bay Experience



Highlights:

- Two—1 night stays in Anchorage
 - 1—night stay in Whitehorse, Beaver Creek & Denali National Park
 - 2—nights in Fairbanks for the Museum of the North
 - 4—nights inside passage cruise featuring Glacier Bay National Park
- Please stop in the Calendar House office for a flyer or contact **Tours of Distinction** at 1-800-426-4324 for pricing & more information on this exciting trip opportunity!