

**SELF INSURANCE COMMITTEE**  
**MINUTES TO MEETING OF JULY 19, 2010**

The Self Insurance Committee of the Town of Southington held a special meeting on July 19, 2010 in the Town Council chambers, Town Hall building, 75 Main Street, Southington, Connecticut.

The following members were present: Harold Kane, Sherri DiNello, Jill Notar-Francesco, John Moise, and John Barry.

Ex-officio members present: John Weichsel, Emilia Portelinha and Mark Sciota. Also present were Ron Theriault, Tim Connors, Katie Baldwin and Laurie Barrett from Ovation Benefits.

Absent were: Francis Verderame, Joe Labieniec and Dr. Al Natelli.

Chairman Moise called the meeting to order at 3:31 pm.

1. Approval of Minutes of the June 23, 2010 meeting

Mrs. Notar-Francesco recommended a modification to the minutes of the June 23, 2010 meeting under item #2 the vote should read "Motion passes 6-1 with Mr. Barry opposed". Mrs. Notar-Francesco made the motion to approve the minutes as modified. Mr. Barry seconded. Motion passed 5-0.

3. Update on the COBRA Administration issues

Katie Baldwin has spoken with Anthem regarding the many issues that the Board of Education has had with the COBRA administration. Anthem has designated two individuals to contact with major issues: Michael Dempsey and Cheryl Gethers. The Town should still start with Conexis when resolving new issues.

4. Update on the current FY 2009-2010 Self Insurance Budget Status.

The members reviewed the June 2010 summary of the Self Insurance Fund. June claims came in higher than the last several months. Total Claims through June are \$1.5 million under budget. The final claims liability piece is the IBNR which the Town should receive in late October from Anthem.

2. Presentation of the Wellness Program Proposal

Mrs. DiNello gave a clarification of the Southington WINS "8 Weeks to a Better You" Program cost proposal, after which the committee further discussed the program.

- Three staggered pilot sessions will be offered in September, October and February with 35 individuals per session.
- If there is full participation of 105 participants the total cost would be \$14,343. The cost will be paid by Oventions.
- In addition to the pilot program, the YMCA will offer zumba and yoga classes.
- After the 8 week pilot program, the sub-committee will meet to review eligibility for a four month membership extension at no cost to the employee.
- Successful employees may add on family members for \$20/month for four months. Oventions is not covering this cost
- The goal of this wellness program is to make health improvements and reduce health insurance costs.
- The Committee will define the success of the program based on participation.
- Oventions will act as the project manager and work closely with the YMCA to get this program going.

The YMCA will present the pilot program to the teachers at the August convocation, and to the Town at the August Department Head meeting. Participation will be on a first come first serve basis while remaining cognizant of the Town and Board of Education membership ratio.

Mrs. DiNello made a motion to adjourn. Mr. Kane seconded. Motion passed unanimously on a voice vote.

The meeting was adjourned at 4:20 pm

Respectfully submitted,

Emilia Portelinha  
Self Insurance Committee