



WINTER 2021 VIRTUAL PROGRAMMING

Cheerleading | Ages 6-9 | 5-Session, 45-Minute Class Format

Please Note – Zoom video link will be emailed to you prior to the session.

Here is a list of equipment/materials you will need throughout the program:

- Beach Towel or Blanket
- Water Bottle
- Tall Cones (approx. 10) – Alternatives include water bottles, cups, or building blocks
- Flat Cones (approx. 10) – Alternatives include plastic bowls, small pillows, or folded towels/clothes
- Flat Spot – Alternatives include paper plate, shirt, piece of paper, or a magazine
- Pom Poms – Alternatives include two hand towels or two t-shirts grasped in each hand