



A unique opportunity for Southington parents and guardians to gain awareness of issues facing youth today.
All workshops will be virtual via Zoom.

**JANUARY 21:
HELPING YOUTH TRANSITION FROM HIGH SCHOOL
6PM-7PM**

Marisa Giarnella-Porco, LCSW, CEO and Co-founder, the Jordan Porco Foundation, invites you to this workshop on the promotion of mental health and suicide prevention, with a focus on how it relates to youth transitioning to young adults.



[REGISTER HERE](#)



**JANUARY 28:
BUILDING A POSITIVE IDENTITY DURING A
PANDEMIC 6PM-7PM**

Southington Asset Champions, Christina McKirryher and Steve Nyerick, will engage parents on how to help their child sustain a positive self-identity, at school or home, with ways to build self-esteem and a sense of purpose during a pandemic.

[REGISTER HERE](#)

**FEBRUARY 4:
TALK SAVES LIVES 6PM-7PM**

This presentation covers the general scope of suicide, the research on prevention and what people can do to fight suicide. Attendees will learn the risks and warning signs of suicide, and how together, we can help prevent it. Join Heather Clinger, MPH, CPS, program manager, Wheeler's Connecticut Center for Prevention, Wellness and Recovery, in this important, life-saving workshop.



[REGISTER HERE](#)



**FEBRUARY 18:
CONVERSATIONS ABOUT THE IMPORTANCE OF
RACIAL DIVERSITY 6PM-7PM**

In this session, Audley Donaldson and Paul Vivian, will share an overview of their work in the Southington School District regarding race and diversity. Donaldson and Vivian will provide practical ways for you to raise and discuss sensitive topics with youth, enabling adults to learn and teach what is unique about each of us and how we can learn from one another regardless of our differences.

[REGISTER HERE](#)

**MARCH 4:
HIDDEN IN PLAIN SIGHT 6PM-7PM**

[Hidden in Plain Sight](#) is a presentation for ADULTS ONLY to raise awareness of signs that may point to risky adolescent behaviors. This program recreates a mock teenager's bedroom that parents, grandparents, educators, caregivers and other adults can explore to identify hidden drug paraphernalia and warning signs associated with drug or alcohol use by a teen.



[REGISTER HERE](#)

STAY TUNED FOR MORE EXCITING WORKSHOPS:

- Gaming 101: Gambling & Gaming Prevention**
- Internet Safety with the Southington Police Department**
- Let's #Mention Prevention: A Parent Discussion Guide**

Stay up to date: sign up for the [STEPS Coalition Newsletter](#) and [Facebook page](#)!



**FOR MORE INFORMATION, PLEASE CONTACT:
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WWW.SOUTHINGTONSTEPS.ORG